

The Three Treasures

I take refuge in Buddha,
*And resolve that with all beings
I will understand the Great Way
whereby the Buddha seed
may forever thrive.*

I take refuge in Dharma,
*And resolve that with all beings
I will enter deeply into the Sutra treasure
whereby my wisdom may grow
as vast as the ocean.*

I take refuge in Sangha,
*And in its wisdom, example,
and never-failing help,
and resolve to live in harmony
with all sentient beings.*

Enmei Jikku Kannon Gyō

(Ten-Verse Kannon Sutra)

Kanzeon
namu butsu
yo butsu u in
yo butsu u en
buppō sō en
jōraku ga jō
chō nen kanzeon
bō nen kanzeon
nen nen jū shin ki
nen nen fu ri shin.

Daihishin Darani (Great Compassion Dharani)

Namu kara tan no / tora ya ya
namu ori ya
boryo ki chi shifu ra ya
fuji sato bo ya
moko sato bo ya
mo ko kya runi kya ya
en
sa hara ha e shu tan no ton sha
namu shiki ri toi mo
ori ya / boryo ki chi
shifu ra / rin to bo
na mu no ra
kin ji ki ri
mo ko ho do
sha mi sa bo
o to jo shu ben
o shu in / sa bo sa to
no mo bo gya
mo ha te cho
to ji to
en / o bo ryo ki
ru gya chi / kya ra chi
i kiri mo ko
fuji sa to / sa bo sa bo
mo ra mo ra
mo ki mo ki
ri to in ku ryo ku ryo
ke mo to ryo to ryo
ho ja ya chi
mo ko ho ja ya chi
to ra to ra
chiri ni / shifu ra ya
sha ro sha ro
mo mo ha mo ra
ho chi ri

i ki i ki
shi no shi no
ora san fura sha ri
ha za ha zan
fura sha ya
ku ryo ku ryo
mo ra ku ryo ku ryo
ki ri sha ro sha ro
shi ri shi ri
su ryo su ryo
fuji ya / fuji ya
fudo ya fudo ya
mi chiri ya
nora kin ji
chiri shuni no
hoya mono / somo ko
shido ya / somo ko
moko shido ya / somo ko
shido yu ki
shifu ra ya / somo ko
nora kin ji / somo ko
mo ra no ra / somo ko
shira su omo gya ya / somo ko
sobo moko shido ya / somo ko
shaki ra oshi do ya / somo ko
hodo mogya shido ya / somo ko
nora kin ji ha gyara ya / somo ko
mo hori shin gyara ya / somo ko
namu kara tan no tora ya ya
namu ori ya
boryo ki chi
shifu ra ya / somo ko
shite do modo ra
hodo ya / so mo ko.

Mettā Sutta: The Buddha's Words on Loving Kindness¹

[This is what should be done]

By one who is skilled in goodness

And who knows the path of peace:

Let them be able and upright,

Straightforward and gentle in speech,

Humble and not conceited,

Contented and easily satisfied,

Unburdened with duties and frugal in their ways.

Peaceful and calm, and wise and skilful,

Not proud and demanding in nature.

Let them not do the slightest thing

That the wise would later reprove,

Wishing: In gladness and in safety,

May all beings be at ease.

Whatever living beings there may be,

Whether they are weak or strong, omitting none,

The great or the mighty, medium, short, or small,

The seen and the unseen,

Those living near and far away,

Those born and to be born,

May all beings be at ease.

[continued]

¹ Source: "The Buddha's Words on Loving-kindness" from *Chanting Book · Volume One: Morning and Evening Chanting (Pūjā) and Reflections, Pāli and English*, Amaravati Buddhist Monastery 2015, licensed under a Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported Licence.

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Let none deceive another
Or despise any being in any state.
Let none through anger or ill-will
Wish harm upon another.

Even as a mother protects with her life
Her child, her only child,
So with a boundless heart
Should one cherish all living beings,
Radiating kindness over the entire world:

Spreading upwards to the skies
And downwards to the depths,
Outwards and unbounded,
Freed from hatred and ill-will.

Whether standing or walking, seated,
Or lying down — free from drowsiness —
One should sustain this recollection.
This is said to be the sublime abiding.

By not holding to fixed views,
The pure-hearted one, having clarity of vision,
Being freed from all sense-desires,
Is not born again into this world.

Return of Merit

LEADER: *Faith in Buddha, Dharma, Sangha
Brings true liberation.*

We now return the merit of our chanting to:

Shākyamuni Buddha,

Mañjusrī Bodhisattva,

Avalokita Bodhisattva,

Bhadra Bodhisattva.

*We place our faith in the Great Heart of
Perfect Wisdom.*

May all beings attain Buddhahood!

ALL:

Ten Directions, Three Worlds,

All Buddhas, Bodhisattva-mahāsattvas,

Mahā Prajñā Paramitā.

The Four Bodhisattvic Vows

All beings, without number,

I vow to liberate.

Endless blind passions

I vow to uproot.

Dharma gates, beyond measure,

I vow to penetrate.

The Great Way of Buddha

I vow to attain.